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Broom Barns Community Primary School

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29th February 2016

Broom Barns Community Primary School No Nuts Policy

As we have several children in school who suffer from a severe nut allergy please could I take this opportunity to remind everyone that our school endeavours to have a "No Nuts Policy".

Those students, if they come in contact with a nut product, can suffer life threatening consequences. It can be easily contracted from a simple handshake or touching of a student's table who may have had some nuts in their food.

This means that the following items should not be bought into school:

- **Packs of nuts**
- **Chocolate spread**
- **Peanut butter sandwiches**
- **Fruit and cereal bars that contain nuts**
- **Chocolate bars or sweets that contain nuts**
- **Sesame seed rolls (children allergic to nuts may also have a severe reaction to sesame)**
- **Cakes made with nuts**

We have a policy not to use nuts in any of our food prepared on site at our school. Our suppliers provide us with nut-free products, however, we cannot guarantee freedom from nut traces. If there are any issues that you feel arise as a result of this policy, please do feel free to come and see me to discuss them and if your child develops any allergies, please inform the school.

What can you put in your child's lunchbox that is nut free?

- Vegemite sandwiches
- Cheese sandwiches
- Dried fruit
- Yoghurt
- Cheese sticks
- Chopped or tinned fruit
- Fruit strips
- Check all biscuit labels and if you are not sure please leave it out.

Any bread-based foods

Please help us in providing a nut free school and assisting those parents who have children who may have a life threatening reaction.

Yours sincerely

Mrs Currant

Headteacher