

Broom Bans Primary School No Nuts Policy Feb 2024-2026

As we have several children in school who suffer from a severe nut allergy please could I take this opportunity to remind everyone that our school endeavours to have a "No Nuts Policy".

Those students, if they come in contact with a nut product, can suffer life threatening consequences. It can be easily contracted from a simple handshake or touching of a student's table who may have had some nuts in their food.

This means that the following items should not be bought into school:

- **Packs of nuts**
- **Chocolate spread which contains nuts in such as Nutella, Lindt, Skinny, Praline etc.**
- **Peanut butter sandwiches**
- **Fruit and cereal bars that contain nuts**
- **Chocolate bars or sweets that contain nuts**
- **Sesame seed rolls (children allergic to nuts may also have a severe reaction to sesame)**
- **Cakes made with nuts**

We have a policy not to use nuts in any of our food prepared on site at our school. Our suppliers provide us with nut-free products, however, we cannot guarantee freedom from nut traces. If there are any issues that you feel arise as a result of this policy, please do feel free to come and see me to discuss them and if your child develops any allergies, please inform the school.

What can you put in your child's lunchbox that is nut free?

- Vegemite sandwiches
- Cheese sandwiches
- Dried fruit
- Yoghurt
- Cheese sticks
- Chopped or tinned fruit
- Fruit strips
- Check all biscuit labels and if you are not sure please leave it out.

Any bread-based foods

Please help us in providing a nut free school and assisting those parents who have children who may have a life threatening reaction.

Yours sincerely

Mrs Carrant

Headteacher



Broom Barns Primary School

Allergies Policy

February 2024/2026

Allergies Policy including Nut & Food Allergy

Statement of Intent:

This policy is concerned with a whole school approach to the health care and management of those members of the school community suffering from specific allergies.

We are aware that children who attend may suffer from food, bee/ wasp sting, animal or nut allergies and we believe that all allergies should be taken seriously and dealt with in a professional and appropriate way.

Broom Barns Primary School's position is not to guarantee a completely allergen free environment, rather: to minimise the risk of exposure, encourage self-responsibility, and plan for effective response to possible emergencies.

Aim:

The intent of this policy is to minimize the risk of any child suffering allergy-induced anaphylaxis whilst at school.

An allergic reaction to nuts is the most common high risk allergy, and as such demands more rigorous controls throughout the policy. The underlying principles of this policy include:

- The establishment of effective risk management practices to minimise the student, staff, parent and visitor exposure to known trigger foods and insects.
- Staff training and education to ensure effective emergency response to any allergic reaction situation.

This policy applies to all members of the school community:

Procedures and Responsibilities for Allergy Management:

General

- The establishment and maintenance of practices for effectively communicating a child's healthcare plans to all relevant staff.
- Staff training in anaphylaxis management, including awareness of triggers and first aid procedures to be followed in the event of an emergency.
- Age appropriate education of the children with severe food allergies.

Medical Information

- The school will seek updated information via the data collection form each academic year.
- Furthermore, any change in a child's medical condition during the year must be reported to the school.

Medical Information (Epipens)

- Where Epipens (Adrenalin) are required by a child:
Parents/ carers are responsible for ensuring the school has in date Epipens at all times and replacing them promptly.
- The Epipens are located securely in relevant locations approved by the Headteacher.

Parent's role:

Parents are responsible for providing, in writing, on-going accurate and current medical information to the school. Parents are to send a letter confirming and detailing the nature of the allergy; including:

- The allergen (the substance the child is allergic to)
- The nature of the allergic reaction (from rash, breathing problems to anaphylactic shock)

- What to do in case of allergic reaction, including any medication to be used and how it is to be used.
- Control measures - such as how the child can be prevented from getting into contact with the allergen.
- If the risk assessment deems it necessary, a Health Care Plan must be completed and signed by the parents.
- It is the responsibility of the Parent to provide the school with up to date medication / equipment clearly labelled in a suitable container.
- In the case of life saving medication like EpiPens the child will not be allowed to attend without it.
- Parents are also required to provide up to date emergency contact information.
- Snacks and lunches brought into school are provided by each child's Parent.
- It is their responsibility to ensure that the contents are safe for the child to consume.
- Parents should liaise with Staff about appropriateness of snacks and any food-related activities (e.g. cooking)

Staff's role:

Staff are responsible for familiarising themselves with the policy and to adhere to health & safety regulations regarding food and drink.

- If a Health Care Plan is needed it must be in place before the child starts attending sessions. A risk assessment should be carried and any actions identified to be put in place. The Assessment should be stored with the child's file. Upon determining that a child attending school has a severe allergy, a team meeting will be set up as soon as possible where all staff concerned attend to update knowledge and awareness of child's needs.
- All staff who come into contact with the child will be made aware of what treatment/medication is required where any medication is stored.
- All staff are to promote hand washing before and after eating.
- Snack time biscuits and snacks are monitored by staff and are peanut, nut free and other allergens depending on the children attending. All staff should know the procedures at snack and lunch time to ensure the safety of children with allergies.
- However, staff cannot guarantee that foods will not contain traces of nuts.
- All tables are cleaned with an approved solution.
- Children are not permitted to share food.
- As part of the staff first aid course, EpiPen use and storage has been discussed.
- We may ask the parent for a list of food products and food derivatives the child must not come into contact with.
- Emergency medication should be easily accessible, especially at times of high risk.
- Staff should liaise with parents about snacks and any food-related activities.

Actions

In the event of a child suffering an allergic reaction:

- We will delegate someone to contact the child's parents.
- If a child becomes distressed or symptoms become more serious telephone 999.
Keep calm, make the child feel comfortable and give the child space.
- If medication is available, it will be administered as per training and in conjunction with the instructions.
- If parents have not arrived by the time ambulance arrives, a member of staff will accompany the child to hospital.
- Role of other parents snacks and lunches brought to the school by other parents should be peanut and nut free.