

Did you know...

that a packed lunch of the same nutritional value as a hot school meal is on average...

## \*90% MORE EXPENSIVE PER WEEK?

Research conducted by School Health UK shows that even in the cheapest supermarket such as Aldi, a packed lunch is approx £8 per week more expensive. Adding £312 extra per year onto your shopping bill.

"Lily comes home everyday happy and satisfied with her lunch saying 'It was so delicious I wanted to go back for more'."

**Happy Parent** 



