

Supporting Maths at Home

Ever wondered how to support your child with additional maths at home? Well, here are some excellent tips, hints and resources that we hope will help.

1. Build a Positive Mindset

- **Mind your words:** Avoid phrases like "I was never good at maths." Frame maths as a skill that improves through effort, not innate talent.
- **Keep it low stakes:** If homework becomes stressful, take a break. Reward effort and problem-solving over simply getting the right answer. [Supporting Children with Maths | Maths for Children](#)

2. Make Maths Everyday

- **Cooking:** Measure ingredients, scale recipes up or down, and practice timing.
- **Shopping:** Let them help pay with coins, estimate totals, calculate change, or work out discounts.
- **Time:** Have both traditional and digital clocks in the house to practice reading the time and calculating intervals.
- **Measures:** Talk about different measurements and quantities e.g. amount of milk in milk bottle, drink in a carton or can, weight of pasta in a bag.

3. Use Hands-On Tools & Games

- **Visual objects:** Use building blocks or counters to physically demonstrate addition and subtraction.
- **Play games:** Board games like snakes and ladders, or playing cards and dominoes, naturally build counting and strategic thinking skills.

4. Utilize Free Online Resources

- **Practice sites:** Use interactive tools like Mathsbot or explore games and quizzes on Topmarks.
- **Parent support:** Use the [National Numeracy Challenge](#) to build your own confidence or explore curriculum-aligned tips on [Oxford Owl](#).

Links to useful websites and ideas for learning at home:

[Primary Students | NRICH](#)

[Login | White Rose Education](#)

[Maths-for-EYFS-families.pdf](#)

[Number-Bonds.pdf](#)

[Maths Zone Cool Learning Games – Maths Games and Learning Activities for Fun](#)

[Numeracy - CBeebies - BBC](#)

[Topmarks – Free Interactive Learning Games, Maths Worksheets & Teaching Resources](#)

[KS1 Maths - BBC Bitesize](#)